



# THE CATHEDRAL CHURCH OF ALL SAINTS

Wednesday March 3<sup>rd</sup> 2021 at 6:00 PM

Evensong for Wednesday after the 2nd Sunday in Lent



*The Plagues of Egypt (Golden Haggadah, Spain c.1320)*

*Sung by the University of King's College Chapel Choir*

THE CATHEDRAL CHURCH OF ALL SAINTS  
1330 CATHEDRAL LANE, HALIFAX, NOVA SCOTIA, B3H 2Z1

# ORDER OF WORSHIP

## Introit

O salutaris hostia

P. DE LA RUE (C.1460-1518)

O salutaris hostia  
quae caeli pandis ostium,  
bella premunt hostilia:  
da robur, fer auxilium  
Uni trinoque Domino  
sit sempiterna gloria,  
qui vitam sine termino  
nobis donet in patria.

*O saving victim  
who opens wide the gate of heaven,  
we are oppressed by savage wars,  
give us your strength, bring us your aid.  
To the three in One Lord,  
be everlasting glory,  
who, life without end,  
gives to us in our native land.*

## Exhortation

DEARLY beloved brethren, the Scripture moveth us in sundry places to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloke them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy.

And although we ought at all times humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul.

Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart and humble voice unto the throne of the heavenly grace.

## Confession

ALMIGHTY and most merciful Father, **We have erred and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done; And there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders. Spare thou them, O God, which confess their faults. Restore thou them that are penitent; According to thy promises declared unto mankind in Christ Jesu our Lord. And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.**

## Absolution

ALMIGHTY God, the Father of our Lord Jesus Christ, who desireth not the death of a sinner, but rather that he may turn from his wickedness, and live, hath given power and commandment to his Ministers, to declare and pronounce to his people, being penitent, the Absolution and Remission of their sins. He pardoneth and absolveth all them that truly repent and unfeignedly believe his holy Gospel. Wherefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do at this present, and that the rest of our life hereafter may be pure and holy; so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

## The Lord's Prayer

OUR Father who art in heaven, **Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil.**

**For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

## Preces

H. CLUCAS (B.1941)

### *Precentor:*

*O Lord, open thou our lips;  
O God, make speed to save us;  
GLORY be to the Father, and to the Son,  
and to the Holy Ghost;  
Praise ye the Lord;*

### **Choir:**

And our mouth shall show forth thy praise.  
O Lord, make haste to help us.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.  
The Lord's Name be praised.

## Psalm

### 18 Part 2 *Quoniam quis Deus?*

R. CLARK & J. GOSS

33 FOR who is God but the Lord? / or who hath any strength except our God?  
34 It is God that girdeth me with strength, / and maketh my way perfect.  
35 He maketh my feet like hinds' feet, / and setteth me up on high.  
36 He teacheth my hands to fight, / so that mine arms can bend even a bow of steel.  
37 Thou hast given me the defence of thy salvation; / thy right hand also hath held me up,  
and thy loving correction hath made me great.  
38 Thou hast made room enough under me for to go, / that my footsteps did not slide.  
39 I followed upon mine enemies and overtook them; / neither did I turn again till I had  
destroyed them.  
40 I smote them, that they were not able to stand, / but fell under my feet.  
41 Thou hast girded me with strength unto the battle; / thou hast thrown down mine  
enemies under me.

42 Thou didst make mine enemies also to turn their backs upon me, / and I destroyed them that hated me.  
43 They cried, but there was none to help them; / yea, even unto the Lord did they cry, but he did not hear them.  
44 I beat them as small as the dust before the wind: / I cast them out as the clay in the streets.  
45 Thou hast delivered me from the strivings of the people, and hast made me the head of the nations; / a people whom I had not known did serve me.  
46 As soon as they heard of me, they obeyed me; / and strangers humbled themselves before me.  
47 The strangers lost heart, / and came trembling out of their strongholds.  
48 The Lord liveth, and blessed be my strong helper, / and praised be the God of my salvation;  
49 Even the God that seeth that I be avenged, / and subdueth the peoples under me.  
50 It is thou that deliverest me from my cruel enemies, and settest me up above mine adversaries: / thou dost rid me from the wicked man.  
51 For this cause will I give thanks unto thee, O Lord, among the nations, / and sing praises unto thy Name.  
52 Great deliverance giveth he unto his king, / and showeth loving-kindness unto his anointed, unto David and unto his seed for evermore.

GLORY be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **First Lesson            Exodus 8. 1 – 19**

*The First Lesson is written in the Book of Exodus, the 8<sup>th</sup> chapter, beginning at the 1<sup>st</sup> verse.*

And the LORD spake unto Moses, Go unto Pharaoh, and say unto him, Thus saith the LORD, Let my people go, that they may serve me. And if thou refuse to let them go, behold, I will smite all thy borders with frogs: And the river shall bring forth frogs abundantly, which shall go up and come into thine house, and into thy bedchamber, and upon thy bed, and into the house of thy servants, and upon thy people, and into thine ovens, and into thy kneading troughs: And the frogs shall come up both on thee, and upon thy people, and upon all thy servants. And the LORD spake unto Moses, Say unto Aaron, Stretch forth thine hand with thy rod over the streams, over the rivers, and over the ponds, and cause frogs to come up upon the land of Egypt. And Aaron stretched out his hand over the waters of Egypt; and the frogs came up, and covered the land of Egypt. And the magicians did so with their enchantments, and brought up frogs upon the land of Egypt. Then Pharaoh called for Moses and Aaron, and said, Intreat the LORD, that he may take away the frogs from me, and from my people; and I will let the people go, that they may do sacrifice unto the LORD. And Moses said unto Pharaoh, Glory over me: when shall I intreat for thee, and for thy servants, and for thy people, to destroy the frogs from thee

and thy houses, that they may remain in the river only? And he said, Tomorrow. And he said, Be it according to thy word: that thou mayest know that there is none like unto the LORD our God. And the frogs shall depart from thee, and from thy houses, and from thy servants, and from thy people; they shall remain in the river only. And Moses and Aaron went out from Pharaoh: and Moses cried unto the LORD because of the frogs which he had brought against Pharaoh. And the LORD did according to the word of Moses; and the frogs died out of the houses, out of the villages, and out of the fields. And they gathered them together upon heaps: and the land stank. But when Pharaoh saw that there was respite, he hardened his heart, and hearkened not unto them; as the LORD had said. And the LORD said unto Moses, Say unto Aaron, Stretch out thy rod, and smite the dust of the land, that it may become lice throughout all the land of Egypt. And they did so; for Aaron stretched out his hand with his rod, and smote the dust of the earth, and it became lice in man, and in beast; all the dust of the land became lice throughout all the land of Egypt. And the magicians did so with their enchantments to bring forth lice, but they could not: so there were lice upon man, and upon beast. Then the magicians said unto Pharaoh, This is the finger of God: and Pharaoh's heart was hardened, and he hearkened not unto them; as the LORD had said.

*Here endeth the First Lesson.*

**Office Hymn**      *Ex more docti mystico.*

*MODE II*

1 The fast, as taught by holy lore,  
We keep in solemn course once more;  
The fast to all men known, and bound  
In forty days of yearly round.

3 More sparing therefore let us make  
The words we speak, the food we take,  
Our sleep and mirth,-- and closer barred  
Be every sense in holy guard.

5 Thy grace have we offended sore,  
By sins, O God, which we deplore;  
But pour upon us from on high,  
O pardoning One, thy clemency.

7 Forgive the sin that we have wrought;  
Increase the good that we have sought;  
That we at length, our wanderings o'er,  
may please thee here and evermore.

2 The law and seers that were of old  
In diverse ways this Lent foretold,  
Which Christ, all seasons' King and Guide,  
In after ages sanctified.

4 In prayer together let us fall,  
And cry for mercy, one and all,  
And weep before the Judge's feet,  
And his avenging wrath entreat.

6 Remember thou, though frail we be,  
That yet thine handiwork are we;  
Nor let the honor of thy name  
Be by another put to shame.

8 We pray thee, Holy Trinity,  
One God, unchanging Unity,  
That we from this our abstinence  
May reap the fruits of penitence. Amen.

*Words: Latin 6<sup>th</sup> century, translated by J. M. Neale (1818-1866)*

## Magnificat

Setting by A. PÄRT (B. 1935)

Magnificat anima mea Dominum  
Et exultavit spiritus meus  
in Deo salutari meo.  
Quia respexit humilitatem ancillæ suæ:  
Ecce enim ex hoc beatam  
me dicent omnes generationes.  
Quia fecit mihi magna qui potens est,  
et sanctum nomen eius.  
Et misericordia eius a progenie in  
progenies timentibus eum.  
Fecit potentiam in brachio suo,  
dispersit superbos  
mente cordis sui.  
Deposuit potentes de sede  
et exaltavit humiles.  
Esurientes implevit bonis  
et divites dimisit inanes,  
Suscepit Israel puerum suum  
recordatus misericordiæ suæ,  
Sicut locutus est ad patres nostros,  
Abraham et semini eius in sæcula.  
Gloria Patri, et Filio,  
et Spiritui Sancto:  
Sicut erat in principio, et nunc, et semper,  
et in sæcula sæculorum. Amen.

*My soul doth magnify the Lord,  
and my spirit hath rejoiced  
in God my Saviour.  
For he hath regarded the lowliness of his handmaiden.  
For behold from henceforth  
all generations shall call me blessed.  
For he that is mighty hath magnified me,  
and holy is his Name.  
And his mercy is on them that fear him  
throughout all generations.  
He hath showed strength with his arm;  
he hath scattered the proud  
in the imagination of their hearts.  
He hath put down the mighty from their seat,  
and hath exalted the humble and meek.  
He hath filled the hungry with good things,  
and the rich he hath sent empty away.  
He remembering his mercy  
hath holpen his servant Israel,  
As he promised to our forefathers,  
Abraham and his seed for ever.  
Glory be to the Father, and to the Son,  
and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
world without end. Amen.*

## Second Lesson    Colossians 4. 2 – end

*The Second Lesson is written in the Epistle of St. Paul the Apostle to the Colossians, the 4<sup>th</sup> chapter, beginning at the 2<sup>nd</sup> verse.*

Continue in prayer, and watch in the same with thanksgiving; Withal praying also for us, that God would open unto us a door of utterance, to speak the mystery of Christ, for which I am also in bonds: That I may make it manifest, as I ought to speak. Walk in wisdom toward them that are without, redeeming the time. Let your speech be alway with grace, seasoned with salt, that ye may know how ye ought to answer every man. All my state shall Tychicus declare unto you, who is a beloved brother, and a faithful minister and fellowservant in the Lord: Whom I have sent unto you for the same purpose, that he might know your estate, and comfort your hearts; With Onesimus, a faithful and beloved brother, who is one of you. They shall make known unto you all things which are done here. Aristarchus my fellowprisoner saluteth you, and Marcus, sister's son to Barnabas, (touching whom ye received commandments: if he come unto you, receive him;) And Jesus, which is called Justus, who are of the circumcision. These only are my fellowworkers unto the kingdom of God, which have been a comfort unto me. Epaphras, who is one of you, a servant of Christ, saluteth you, always labouring fervently for you in prayers, that ye may stand perfect and complete in all the will of God. For I bear him record, that he hath a great zeal for you, and them that are in Laodicea, and them in Hierapolis. Luke, the beloved physician, and Demas, greet you. Salute the brethren which are in Laodicea, and Nymphas, and the church which is in his house. And when this epistle is read among you, cause that it be read also in the church of the Laodiceans; and that ye likewise read the epistle from Laodicea. And say to Archippus, Take heed to the ministry which thou hast received in the Lord, that thou fulfil it. The salutation by the hand of me Paul. Remember my bonds. Grace be with you. Amen.

*Here endeth the Second Lesson.*

## Nunc Dimittis    Tone III by G. P. DA PALESTRINA (C.1525-94)

Nunc dimittis servum tuum, Domine,  
secundum verbum tuum in pace:

Quia viderunt oculi mei salutare tuum  
Quod parasti ante faciem  
omnium populorum:

Lumen ad revelationem gentium,  
et gloriam plebis tuae Israel.

Gloria Patri, et Filio,  
et Spiritui Sancto:

Sicut erat in principio, et nunc, et semper,  
et in sæcula sæculorum. Amen.

*LORD, now lettest thou thy servant depart in peace,  
according to thy word.*

*For mine eyes have seen thy salvation,  
which thou has prepared before the face  
of all people;*

*To be a light to lighten the Gentiles,  
and to be the glory of thy people Israel.*

*Glory be to the Father, and to the Son,  
and to the Holy Ghost;*

*As it was in the beginning, is now, and ever shall be,  
world without end. Amen.*

## **Apostles' Creed**

I BELIEVE in God the Father Almighty, Maker of heaven and earth:

And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.

## **Mutual Salutation**

CLUCAS

### **Precentor:**

*The Lord be with you;  
Let us pray.*

### **Choir:**

And with thy spirit.  
Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

## **The Lord's Prayer**

OUR Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

## **Versicles & Responses**

CLUCAS

### **Precentor:**

*O Lord, show thy mercy upon us;  
O Lord, save the Queen;  
Endue thy Ministers with righteousness;  
O Lord, save thy people;  
Give peace in our time, O Lord;  
O God, make clean our hearts within us;*

### **Choir:**

And grant us thy salvation.  
And mercifully hear us when we call upon thee.  
And make thy chosen people joyful.  
And bless thine inheritance.  
And evermore mightily defend us.  
And take not thy Holy Spirit from us.



## Collects

ALMIGHTY God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen.**

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

O GOD, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. **Amen.**

LIGHTEN our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ. **Amen.**

## Anthem

Timor et tremor

F. POULENC (1899-1963)

Timor et tremor venerunt super me,  
et caligo cecidit super me:  
miserere mei, Domine, miserere mei,  
quoniam in te confidit anima mea.  
Exaudi, Deus, deprecationem meam,  
quia refugium meum es tu et adjutor fortis.  
Domine, invocavi te, non confundar.

*Fearfulness and trembling are come upon me,  
and an horrible dread hath overwhelmed me.  
Have mercy upon me, O Lord, have mercy,  
for my hope hath been in thee.  
Hear my prayer, O God,  
For thou art my strong rock and my castle:  
O Lord, I have called upon thee, let me not be  
confounded,*

## Prayers

### Prayer of Saint John Chrysostom and the Grace

ALMIGHTY God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

THE grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**

**Closing Hymn**    Now Let Us All with One Accord

BOURBON

1 Now let us all with one accord,  
in company with ages past,  
keep vigil with our heavenly Lord  
in his temptation and his fast.

2 The covenant so long revealed  
to those of faith in former time,  
Christ by his own example sealed,  
the Lord of love, in love sublime.

3 Your love, O Christ, our sinful race  
has not returned, but falsified;  
author of mercy, turn your face  
and grant repentance for our pride.

4 Remember, Christ, though frail we be,  
in your own image were we made;  
help us, lest in anxiety,  
we cause your Name to be betrayed.

5 Therefore, we pray you, Christ, forgive;  
so wend our wanderings here shall cease,  
we may with you forever live,  
in love and unity and peace.

*Words:* Attrib. Gregory the Great (540-604)  
trans. J. Quinn, SJ (b. 1919)

*Music:* Melody *Beauties of Harmony* (1814)  
harm. J. L. Hooker (b. 1944)  
Descant by P. Halley

**Voluntary**

Psalm Prelude (Set I No.1)

H. HOWELLS (1892-1983)

*This poor man cried, and the Lord heard him;  
yea and saved him out of all his troubles. (Psalm 34:6)*

# Lenten Evensongs at the Cathedral

February – March 2021

Wednesday	February 17	<b>Ash Wednesday</b> <i>Sung by the King's College Chapel Choir</i>	6:00 PM
Sunday	February 21	<b>The First Sunday in Lent</b> <i>Sung by Capella Regalis Men &amp; Boys Choir</i>	4:00 PM
Wednesday	February 24	<b>The Feast of St. Matthias</b> <i>Sung by the King's College Chapel Choir</i>	6:00 PM
Sunday	February 28	<b>The Second Sunday in Lent</b> <i>Sung by the Cathedral Choir</i>	4:00 PM
Wednesday	March 3	<b>Wednesday after the Second Sunday in Lent</b> <i>Sung by the King's College Chapel Choir</i>	6:00 PM
Sunday	March 7	<b>The Third Sunday in Lent</b> <i>Sung by the Cathedral Choir</i>	4:00 PM
Wednesday	March 10	<b>Wednesday after the Third Sunday in Lent</b> <i>Sung by the King's College Chapel Choir</i>	6:00 PM
Sunday	March 14	<b>The Fourth Sunday in Lent</b> <i>Sung by the Cathedral Choir</i>	4:00 PM
Wednesday	March 17	<b>Wednesday after the Fourth Sunday in Lent</b> St Patrick of Ireland, Missionary and Bishop, 461 <i>Sung by the King's College Chapel Choir</i>	6:00 PM
Sunday	March 21	<b>Passion Sunday</b> <i>Sung by the Cathedral Choir</i>	4:00 PM
Wednesday	March 24	<b>Eve of the Annunciation of the Blessed Virgin Mary</b> <i>Sung by the King's College Chapel Choir</i>	6:00 PM
Sunday	March 28	<b>Palm Sunday</b> <i>Sung by the Cathedral Choir</i>	4:00 PM



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